



# **AWAKENING YOUR INNER WISDOM**

**A 3-CARD INTUITIVE  
READING**

**JULIE-SIAN KING**

**INSIGHT, INSPIRATION, AND INTUITIVE GUIDANCE  
FOR YOUR SOUL'S JOURNEY**  
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# INTRODUCTION

I am Julie-Sian, your Manifesting Mentor Queen, author of three books, and a creator of a card deck. I am delighted to share this FREE 3-card intuitive reading with you to give you a little insight for January 2026. This little moment of guidance has been lovingly created to help you pause, reconnect with your inner wisdom, and realign with the energy of your soul's path.

My readings are designed to guide, support, and encourage self-reflection. They offer intuitive insight to help you find clarity and direction, rather than fortune telling or predicting the future.

Life often becomes noisy and filled with distraction, making it easy to lose touch with our intuition, that quiet, knowing voice within us. When we take time to slow down and breathe, our inner guidance begins to whisper again, gently reminding us that everything we seek is already within us. We just need to listen and take action.

This 3-card reading has been designed to help you to rediscover that connection. Each card offers a different layer of awareness:

- ✨ Your Current Energy – what is surrounding you right now.
- 🌙 Your Lesson or Insight – the deeper message your soul is learning.
- 🌟 Your Guidance – the next step or inspired action to move you forward.

Take a few deep breaths. Let go of any expectations. Set an intention to receive the message that is meant for you today. Allow your intuition to speak, not through logic, but through feeling and inner knowing.

# How to Use This Reading

Find a quiet space where you will not be disturbed. Take a few slow, deep breaths and allow your body to relax. As your mind begins to quieten, set the intention to receive the guidance that is meant for you today.

Look at each card slowly with awareness and mindful reflection. Notice your first impressions, colours, words, symbols, or emotions that stand out. There is no right or wrong way to interpret what you see. Trust the feelings that arise, even if they do not yet make complete sense. Your intuition is gently speaking through these moments.

## Reflection Questions

Here are five reflection questions you could ask yourself to deepen your awareness and to help you make sense of your message.

1. Which part of this reading resonates most with me, and why?
2. What small shift, action, or new perspective feels right for me now?
3. How do these messages connect with something I have been noticing or feeling lately?
4. What guidance from this reading can help me to step more fully into the coming month?
5. What is one intention I can set that honours the insights I have received?

You may wish to journal your thoughts, sketch symbols or words that come through, or simply sit in reflection. The more you tune into your inner guidance, the clearer the messages will feel.

# CARD ONE

## Your Current Energy

### VISION

#### Interpretation:

You are beginning to see your path more clearly, even if every detail has not yet been fully formed. Ideas, possibilities, or your dreams may be rising to the surface, helping you sense what you want to move towards in the months ahead.

This card encourages you to trust what is coming into view, even if it feels subtle or unfinished. Allow your vision to unfold at its own pace, knowing clarity often grows through gentle awareness rather than force.



# CARD TWO

## Your Lesson or Insight

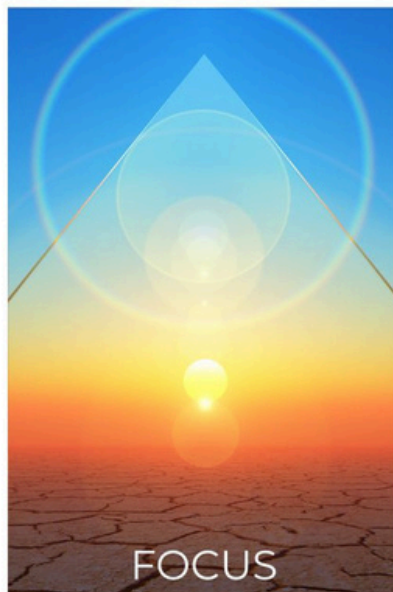
### FOCUS

#### Interpretation:

This card highlights the importance of where you are placing your energy, time, and attention. You may be learning that not everything requires your involvement, and that focus brings a sense of calm and direction.

By choosing what truly matters to you right now, and gently letting go of distractions or expectations, you can create space for clearer thinking and steadier progress.

Focus is not about pressure; it is about intention and choosing alignment over overwhelm.



# CARD THREE

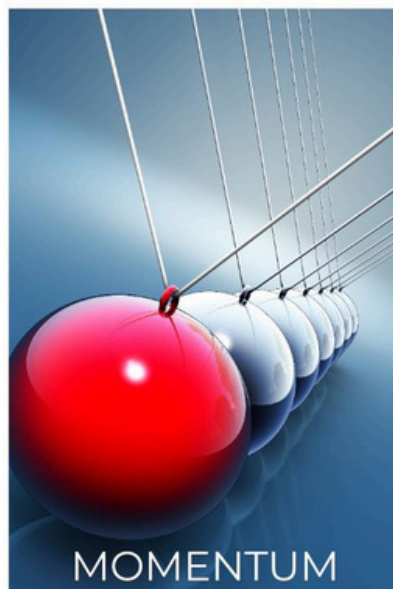
## Your Guidance

### MOMENTUM

#### Interpretation:

The guidance for now is encouraging steady, intentional movement forward. You do not need to rush or take bold leaps to create change. Small, consistent steps taken with intention will naturally build momentum and confidence.

As you begin to move, even slowly, you may notice that energy responds and progress starts to flow. Trust that each step, no matter how small it may appear to be, is carrying you towards the future you are ready to create. It is time to actually take action, stop procrastinating and over-thinking - just do something to get going.



# An Invitation

If this reading has sparked something within you, now is the perfect moment to follow that pull. You may feel drawn to explore my “Winter of Insights” 3-for-2 readings, or step into a higher level of clarity with my full **12-Month Tarot and Oracle Card Reading**. This transformational reading helps you to align with your intentions, understand the energy that will be shaping your year ahead, and will help you to make empowered choices that support the life you are ready to create.

Remember readings are not fortune telling, they offer guidance and support as you step into the energy of tomorrow.

You are being guided forward — trust the direction that is calling you.

Visit [www.juliesian.co.uk](http://www.juliesian.co.uk) to learn more or book your next step.

## Disclaimer

This reading is for educational, inspirational, and spiritual purposes only. It is intended to offer personal insight and reflection, not to replace professional advice or guidance. All readings are provided for entertainment purposes only and are intended for adults aged 18 and over. My readings offer intuitive guidance and soul-led insight. They are not a form of fortune telling and do not predict the future.

I do not offer legal, medical, financial, or pregnancy advice. Always use your own discernment and take any necessary steps to seek appropriate professional support when required.

You are always in charge of your own choices, energy, and path.

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